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## How to Verify Insurance Benefits for Medical Nutrition Therapy

***Please note it is your responsibility to call your insurance company PRIOR to your visit to confirm coverage to ensure you don't have ANY surprise bills.***

*Call the 1-800 number on the back of your insurance card and speak to a representative from member services and ask the following questions.*

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| 1. Do I have nutritional counseling coverage on my insurance plan - specifically the CPT codes "97802" and "97803?"<br>If not, ask about CPT codes 99401, 99402, 99403 & 99404.  |  |
| 2. Does my plan cover the following ICD-10 diagnosis codes as preventative: z.713 or z72.4?  |  |
| 3. Does my plan cover the following ICD-10 diagnosis codes for: overweight, obesity, pre-diabetes, type 1 diabetes, type 2 diabetes, gestational diabetes, hypertension, or high cholesterol? (Whichever is applicable to you) |  |
| 4. Does my plan cover telehealth visits?   |  |
| 5. Is there a co-pay for telehealth visits?  |  |
| 6. Is a prior authorization required?  |  |
| 7. How many nutrition visits do I get per calendar year?   |  |
| 8. Do I have a deductible to meet before insurance pays? If so, how much?  |  |
| 9. Will I have a co-pay or co-insurance? If so, how much?  |  |
| 10. Is Grace Vides Nutrition Counseling (NPI 1629775564) covered under my plan? If not, what are my out of network benefits?   |  |
| 11. May I have a reference number for this call?   |  |